



VEER SAHAY

PROJECT DETAILS

Rehabilitation & Assistive Support System for War-Injured Army Personnel

1. Project Title

“VEER SAHAY – Restoring Mobility, Dignity & Independence for War-Injured Soldiers”

2. Background & Need

Indian Army (ITBP) A personnel often suffer **permanent disabilities** during war, counter-terrorism operations, border conflicts, and peacekeeping missions.

Many soldiers lose **limbs, eyesight, hearing, or mobility**, making it difficult to live independently or earn a livelihood after service.

Though the government provides pensions and medical care, **advanced assistive devices, prosthetics, long-term rehabilitation, and psychological support** remain insufficient or unaffordable for many families.

This project aims to bridge that gap through a **Human care Foundation dedicated NGO-led support system**.

3. Aim of the Project

To **rehabilitate war-injured and disabled army personnel** by providing:

- High-quality assistive devices and artificial limbs
- Medical & psychological rehabilitation
- Skill development and livelihood support
- Long-term follow-up care



4. Objectives

1. Provide **artificial limbs, wheelchairs, hearing aids, smart prosthetics**, and mobility aids
2. Offer **physiotherapy and rehabilitation services**
3. Provide **mental health counselling & trauma care**
4. Enable **skill training and self-employment opportunities**
5. Restore **self-respect, independence, and quality of life**

5. Target Beneficiaries

- Army personnel disabled during:
 - War
 - Border conflicts
 - Counter-terror operations
 - Military accidents during service
- Priority to:
 - Amputees
 - Paralysed soldiers
 - Visually/hearing impaired soldiers
 - Soldiers from economically weaker backgrounds

6. Services & System Design

A. Assistive Devices Program

- Artificial limbs (below knee, above knee, upper limb)
- Myoelectric & bionic prosthetics (as per need)
- Wheelchairs (manual & motorized)
- Crutches, walkers, orthotic supports
- Hearing aids, cochlear support
- Vision aids for visually impaired soldiers

B. Rehabilitation & Therapy

- Physiotherapy
- Occupational therapy
- Gait training
- Pain management programs

C. Mental Health & Social Support

- PTSD counselling



- Family counselling
- Peer support groups
- Motivation & reintegration workshops

D. Skill Development & Livelihood

- Computer & digital skills
- Tailoring, handicrafts, repair work
- Small business training
- Job placement with CSR partners
- Support for self-employment & startups

7. Implementation Strategy

1. **Identification** of beneficiaries through:
 - Army welfare boards
 - Ex-servicemen associations
 - Military hospitals
2. **Medical assessment** by certified professionals
3. **Device selection & customization**
4. **Training & rehabilitation**
5. **Follow-up and maintenance support**

8. Project Location

- Initially at **one central rehabilitation center**
- Later expansion to **regional centers** near military hospitals
- Mobile prosthetic camps in remote areas

9. Estimated Budget (Indicative – Annual)

| Component | Approx. Cost (₹) |
|----------------------------|----------------------|
| Artificial limbs & devices | 2.0 Cr |
| Rehabilitation & therapy | 75 Lakhs |
| Mental health services | 50 Lakhs |
| Skill development | 50 Lakhs |
| Staff & operations | 75 Lakhs |
| Awareness & outreach | 50 Lakhs |
| Total | 5.0 Cr / year |

(Can be scaled based on funds)



10. Fund Generation Ideas (VERY IMPORTANT)

A. Corporate CSR Funding

- Approach companies under **CSR (Section 135)**
- Sectors to target:
 - Defence manufacturers
 - IT companies
 - Banks & insurance companies
- Offer:
 - “Sponsor a Soldier’s Limb” program
 - Naming rights for rehab units

B. Government & Defence Grants

- Ministry of Defence
- Ministry of Social Justice & Empowerment
- Department of Ex-Servicemen Welfare
- State government welfare schemes

C. Public Donation Campaigns

1. “Adopt a Hero” Program
 - ₹50,000–₹5,00,000 per soldier
2. Online crowdfunding (Ketto, Milaap, GiveIndia)
3. Monthly donor clubs – “*Friends of Bravehearts*”

D. Events & Awareness Drives

- Charity marathons: “**Run for Our Soldiers**”
- Army tribute concerts
- School & college donation drives
- National days (15 Aug, 26 Jan) campaigns



E. NGO Income-Generating Activities

- Sale of handicrafts made by rehabilitated soldiers
- Paid motivational talks by veterans
- Corporate training & leadership programs by ex-army personnel

F. International Funding

- UN-affiliated veteran welfare grants
- International humanitarian organizations
- Overseas Indian community donations

11. Sustainability Plan

- Annual CSR partnerships
- Device maintenance fund
- Trained beneficiaries employed within project
- Strong monitoring & impact reporting

12. Expected Impact

- 300–500 soldiers supported annually
- Improved mobility & independence
- Reduced family dependency
- Emotional & psychological healing
- Reintegration into society with dignity